

MY BIRTH EXPERIENCE

Being pregnant and giving birth in a foreign country was a scary prospect for me, but the entire process was wonderful with Casa Maternità "La Via Lattea".

My midwife took the time to answer every question I had and I never felt rushed during our appointments. She was always there even after hours to help me with anything I may need. My midwife was very knowledgeable and made me feel completely at ease while reassuring me that this was what I was feeling was natural and normal. When the time came to meet my daughter, my midwife was there supporting me just as I needed through the hours of labour.

She and the other midwife were very professional and attended to every medical, social and personal aspect so I was able to focus completely on meeting my daughter. In the days that followed, my midwife came for daily visits to check on both the baby and I. She supported me physically as well as emotionally and helped me work through all that I was feeling..

She adjusted our breastfeeding positions and offered advice so that we would be successful. Throughout the experience, she was ever present with advice and help, all while supporting me to trust my maternal instincts.

I could not have asked for a better pregnancy, labour or birth experience and I am excited to be working together again as I prepare for our second child!

Elisabeth

